DDA Information Session Support Services

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Developmental Disabilities Administration
September 18, 19, 20, and 27, 2017

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Agenda

- ➢ Introductions

- ➢ DDA Transformation Update

- ➢ Service Descriptions Updates

- ➢ Next Steps

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Individual and Family Specific Assistance
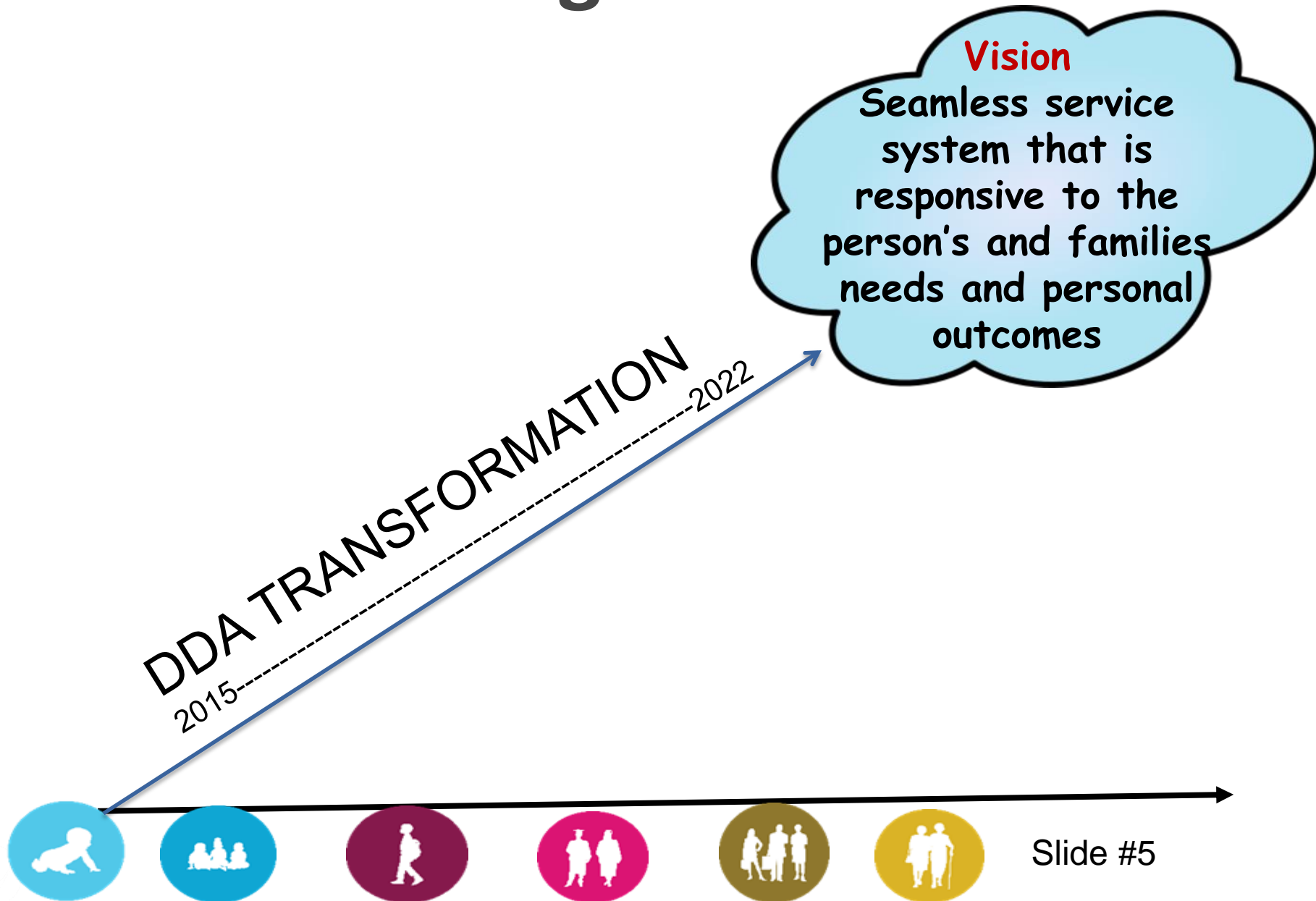
➢ If you have individual or family specific service delivery inquiries, challenges, or questions

  ✓ DDA Regional Staff available to discuss privately after session

  ✓ DDA Regional Staff will provide additional follow up as requested or needed
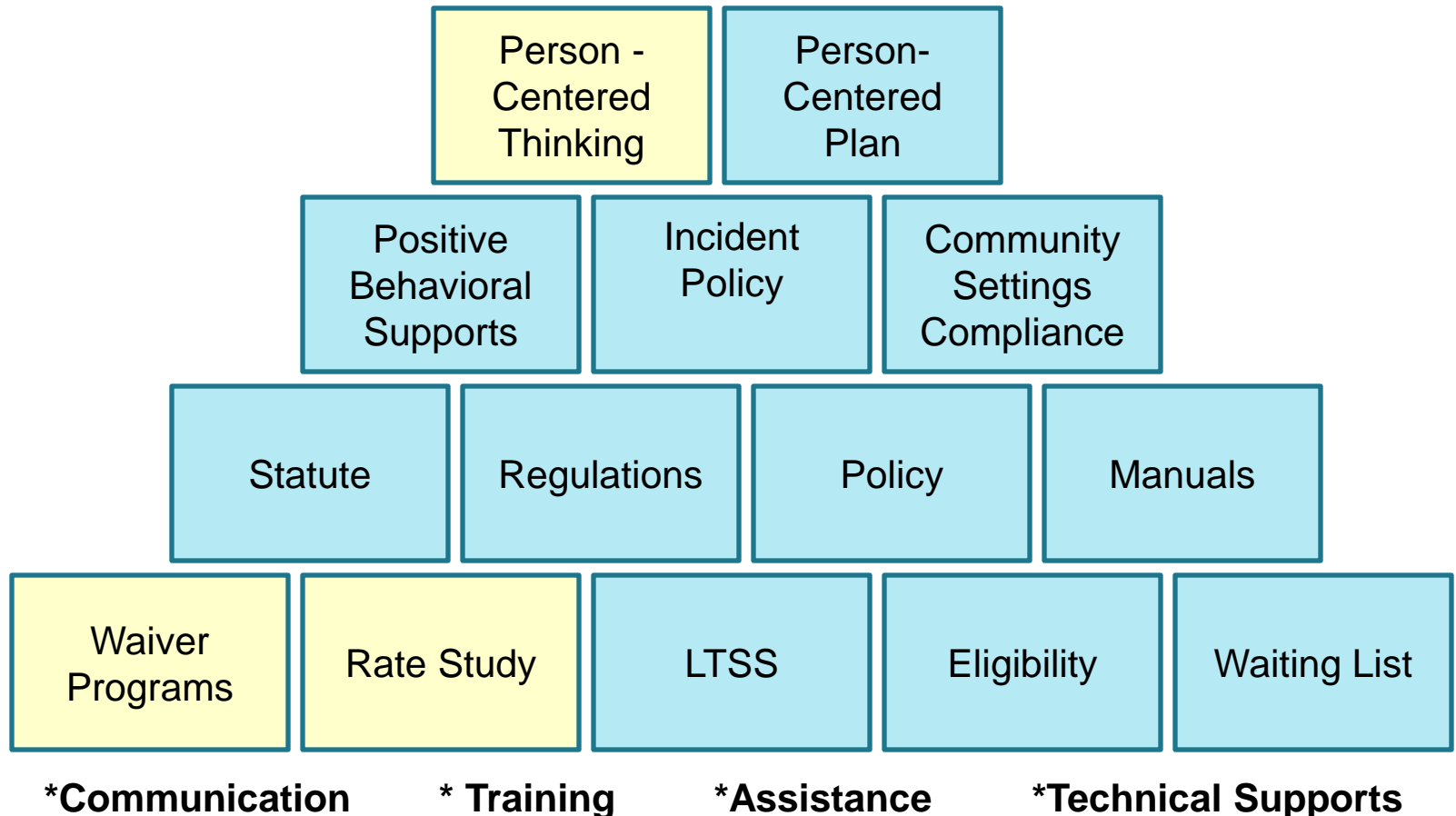
we can help

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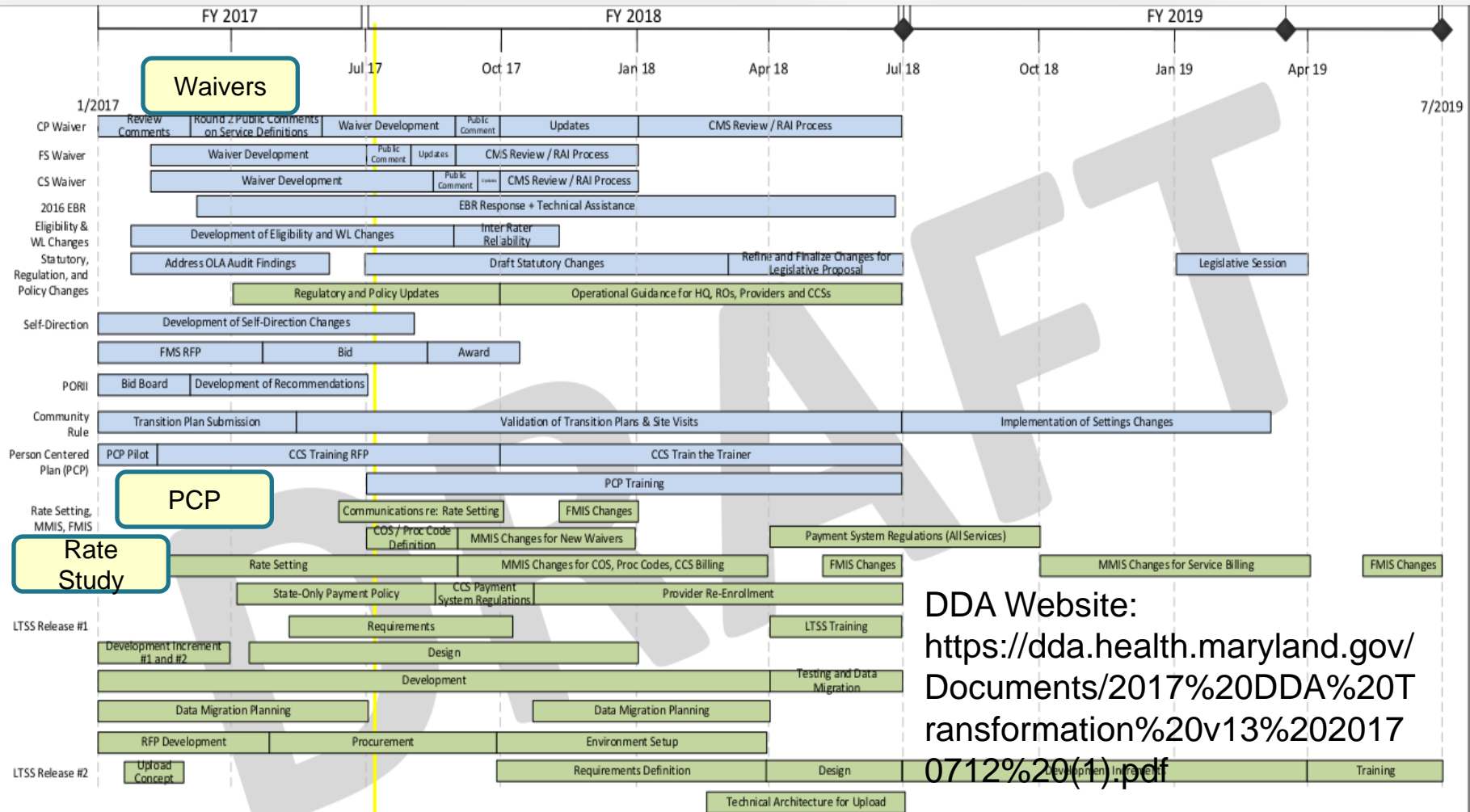# Transformation Updates

The Big Picture

Vision
Seamless service system that is responsive to the person's and families needs and personal outcomes

DDA TRANSFORMATION

2015

2022

The Big Picture

Foundation Blocks

Person - Centered Thinking | Person-Centered Plan

Positive Behavioral Supports | Incident Policy | Community Settings Compliance

Statute | Regulations | Policy | Manuals

Waiver Programs | Rate Study | LTSS | Eligibility | Waiting List

*Communication   * Training   *Assistance   *Technical Supports

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Infrastructure of our Transformation & Timeline

DDA Website:
https://dda.health.maryland.gov/Documents/2017%20DDA%20Transformation%20v13%202017%200712%20(1).pdf

Person Centered Thinking and Planning

Create a strong foundation within our Coordinators of Community Supports, Support Brokers, DDA and stakeholders in Person-Centered Thinking and Planning that provides flexibility and choice!

Personal Outcomes

Person

Person Centered Thinking

Strengthening CCS

Person Centered Systemic Training

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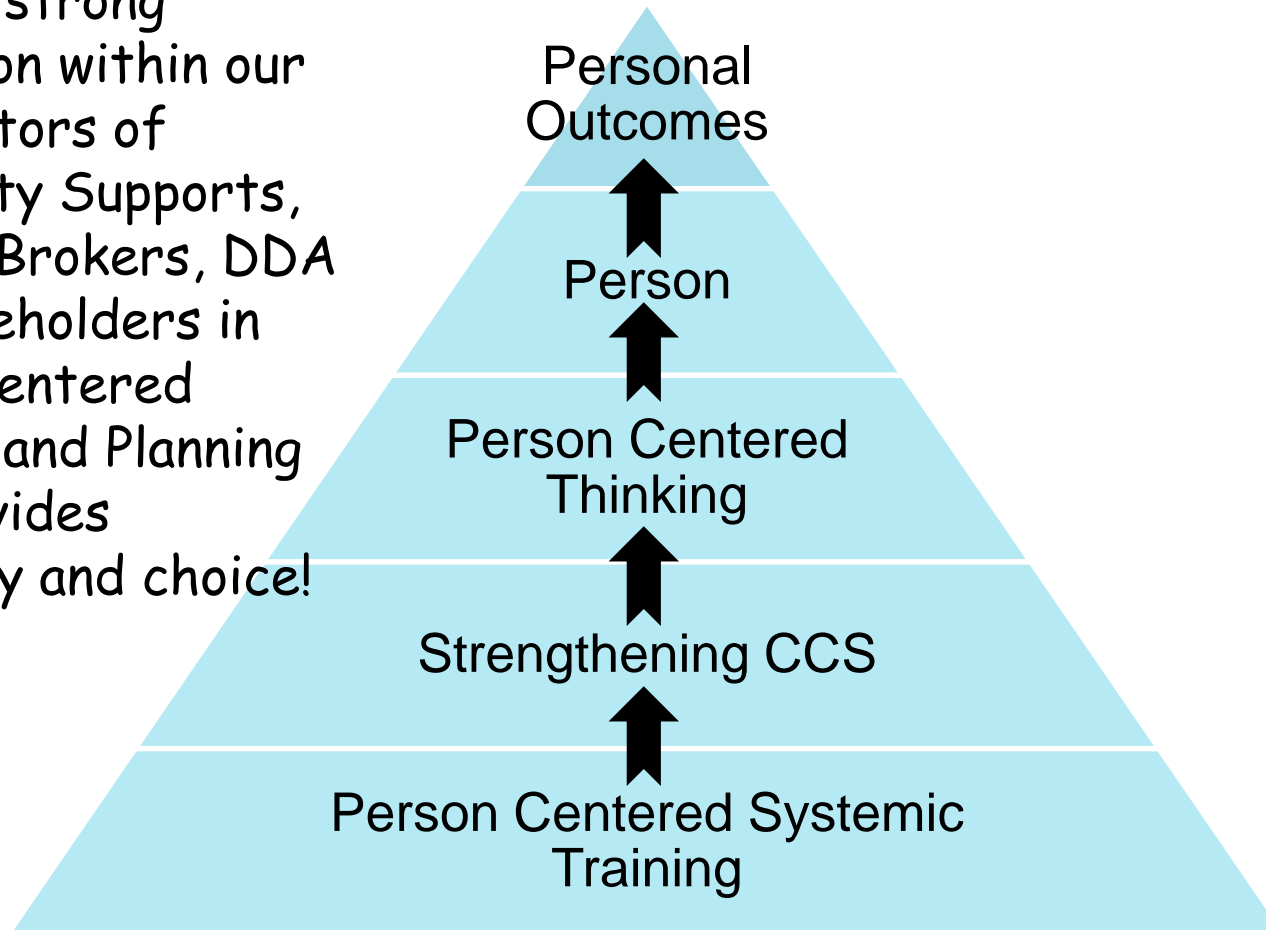
Person Centered Thinking and Planning

- The DDA is currently providing person- centered thinking training to all the CCS and then will provide training on the Person-Center Planning Process

- Additional training for participants, families, Support Brokers, providers, and State staff on the new Person-Centered development process and their roles and responsibilities will occur this fall and ongoing

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Integrated Delivery of Supports
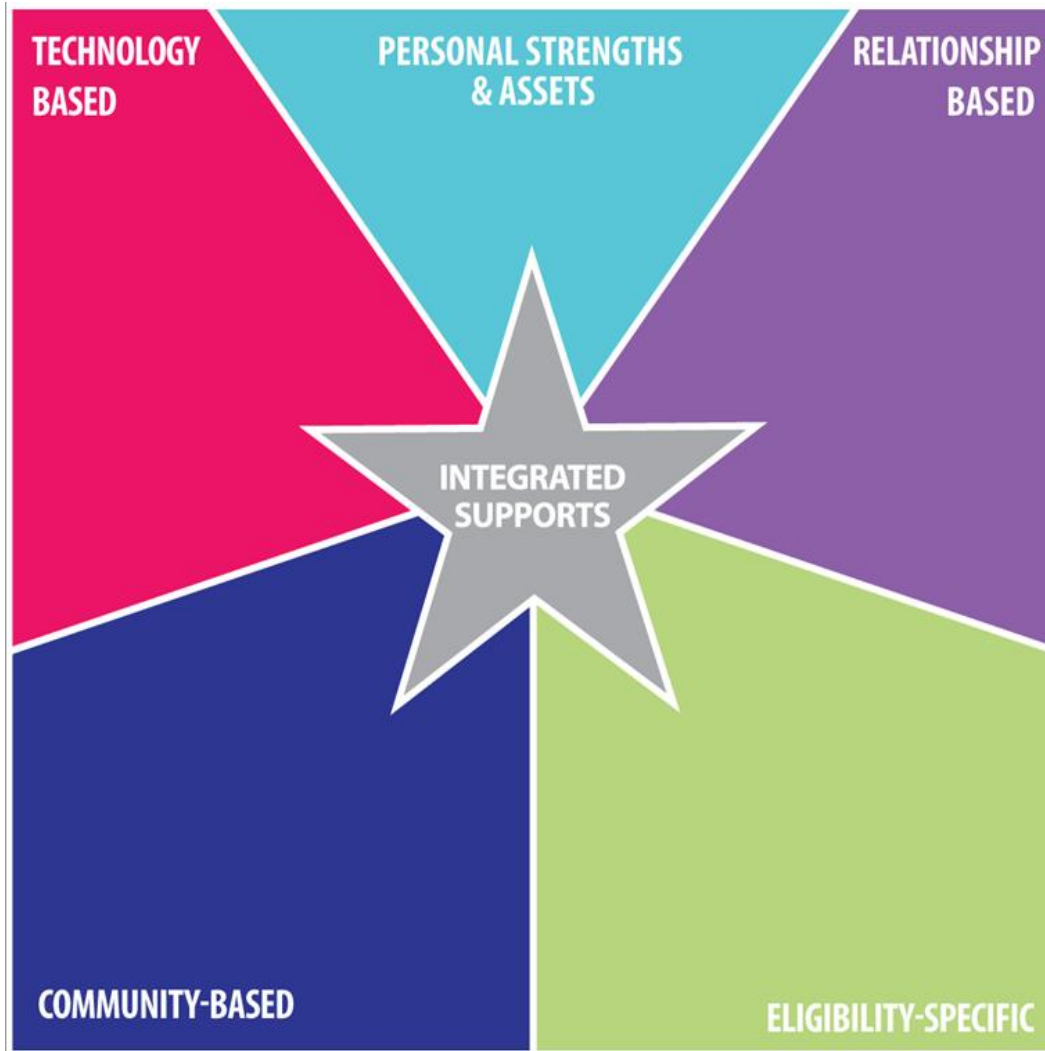
Explore a variety of supports to achieve personally defined goals.

Service Description Updates

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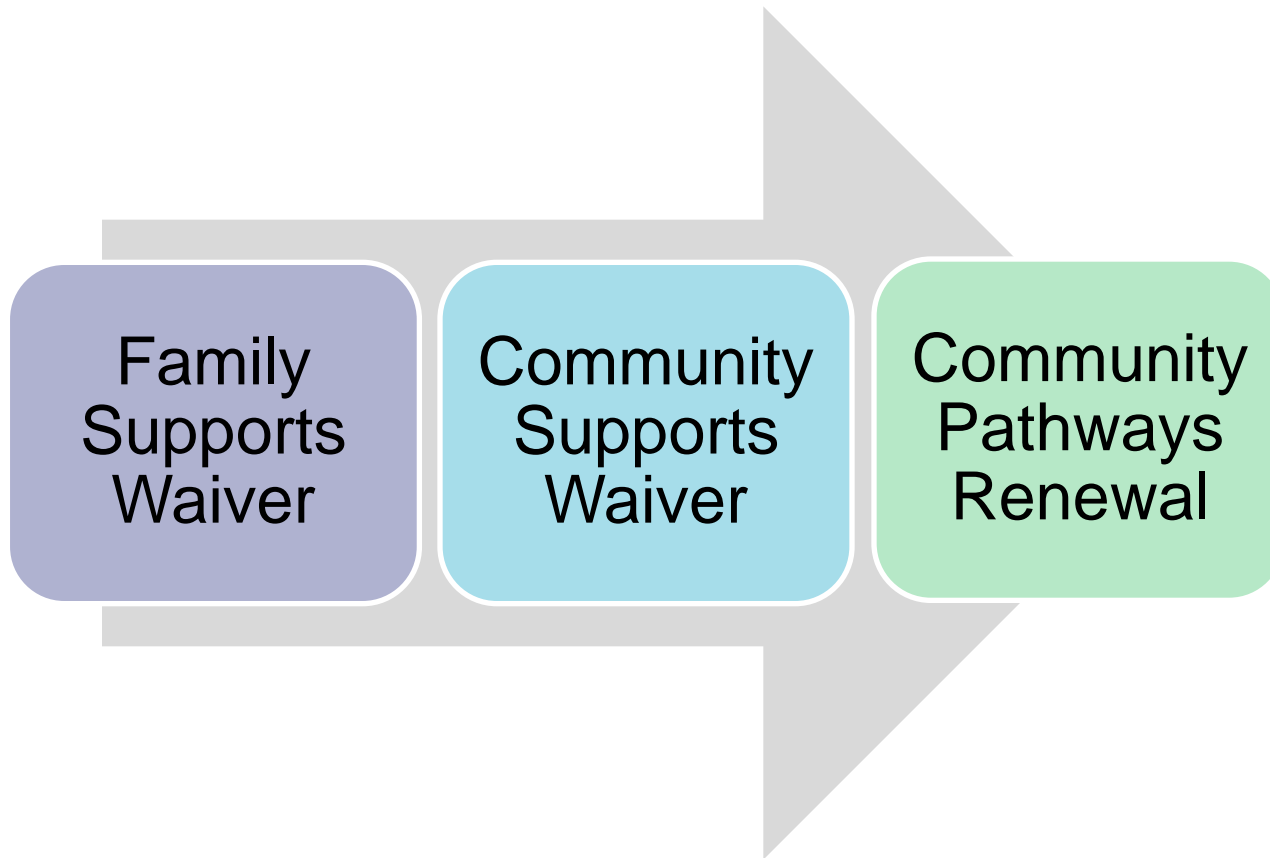
Purpose

Service Descriptions

Rate Study

Public Input

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DDA Waivers Service

Family Supports Waiver → **Community Supports Waiver** → **Community Pathways Renewal**

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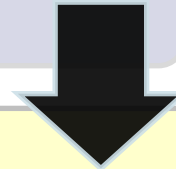
Support Services

Assistive Technology and Services	Nursing Health Case Management
Behavioral Support Services	Nursing Case Management and Delegation Services
Environmental Assessments	Participant Education, Training, and Advocacy Supports **NEW**
Environmental Modifications	Personal Supports
NEW Housing Support Services	Remote Electronic Monitoring
NEW Family and Peer Mentor Supports	Respite Care Services
NEW Family Caregiver Training and Empowerment Services	Transition Services
Individual and Family Directed Goods and Services	Transportation
Live-In Caregiver Supports	Vehicle Modification
Nursing Consultation	

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Communities of Practice

➤ Language and service enhancements in support of:

✓ Employment
  ❖ Employment Services

✓ Self-Direction and Self-Determination
  ❖ New service options and models

✓ Supporting Families
  ❖ New services
  ❖ Life Course Framework

✓ Independent Housing
  ❖ New Housing Support Services

Service Delivery Models

- ➢ Self-Directed Models
    1. Participant Directed
    2. Family/Representative Directed

- ➢ Traditional – Licensed or Approved Providers

- ➢ All services, with the excepetion of provider owned and operated licensed sites, can be self-directed

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Traditional Provider Types

➢ Approved versus Certified or Licensed

❖ "Licensed" requirement for services where provider owned and operated site/facility

❖ "Approved" – all other traditional (non-self directed) community-based waiver services

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DDA Licensed Services

Residential Services	Meaningful Day Services
Community Living - Enhanced Supports	Day Habilitation
Community Living - Group Home	Transitional Employment Services

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DDA Approved Providers

Assistive Technology and Services	Nursing Case Management and Delegation Services
Behavioral Support Services	Participant Education, Training, and Advocacy Supports
Community Development Services	Personal Supports
Employment Services	Remote Electronic Monitoring
Environmental Assessments	Live-In Caregiver Supports
Environmental Modifications	Respite Care Services
Housing Support Services	Shared Living
Family and Peer Mentor Supports	Supported Living
Family Caregiver Training and Empowerment Services	Transition Services
Individual and Family Directed Goods and Services	Transportation
Nursing Consultation	Vehicle Modification
Nursing Health Case Management	

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General

➢ Language edits:

✓ Active voice,

✓ Standardized terms, format (as applicable), and

✓ Clarify service, requirements, provider qualifications, etc.

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Assistive Technology and Services

Assistive technology devices include:

- ➢ Remote support devices such as remote health monitoring and personal emergency response systems; and

- ➢ Adapted toys and specialized equipment for children such as specialized car seats and adapted bikes

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Assistive Technology and Services

Need Help?

➢ Assistive technology services include - Training or technical assistance for the individual and their support network including family members;

➢ Assistive Technology, recommended by the team that costs up to $1000 per item does not require a formal assessment. *(Previously set at up to $200 per items)*

➢ Assistive technology devices of more than $1000 must be recommended by an independent evaluation of the participant's assistive technology needs.

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Behavioral Support Services

➢ One service with three supports:

1. Behavioral Assessment
2. Behavioral Consultation
3. Brief Support Implementation

➢ Added Self-Directions service option

➢ "Licensed" Provider changed to "Approved" Provider

➢ Edits to professional and staffing qualifications and trainings

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Behavioral Support Services

➤ Changes to limitation including:

　✓ Behavioral Consultation and Brief Support Implementation Services service hours are based on assessed needs, supporting data, plan implementation, and authorization from the DDA.

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Environmental Modification

➢ Cost of services no longer combined with Vehicle Modification maximum of $17,500 for lifetime

➢ Cost of services must be customary, reasonable, and may not exceed a total of $15,000 every three years.

Family Caregiver Training & Empowerment Services

➢ Education and support (based on the family/caregiver's unique needs) to preserves the family unit and increases confidence, stamina and empowerment.

➢ This service includes educational materials, training programs, workshops and conferences, and transportation to and from training that help the family caregiver to:

  ✓ Understand the disability of the person supported;

  ✓ Achieve greater competence and confidence in providing supports;

  ✓ Develop and access community and other resources and supports;

  ✓ Develop or enhance key parenting strategies;

  ✓ Develop advocacy skills;

  ✓ Develop vocational skills when loss of job; and

  ✓ Support the person in developing self-advocacy skills

Family and Peer Mentoring

➢ Family and Peer Mentoring Supports provide mentors who have shared experiences as the participant, family, or both participant and family and who provide support and guidance to the participant and his or her family members.

➢ Family and Peer mentors explain community services and programs and suggest strategies to the waiver participant and family to achieve the waiver participant's goals.

➢ It fosters connections and relationships which builds the resilience of the participant and his or her family.

Housing Support Services

➢ Housing Support Services are time-limited supports to help participants to navigate housing opportunities; address or overcome barriers to housing; and secure and retain their own home.

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Housing Support Services

➢ Information and assistance including:

- ✓ Searching for housing;

- ✓ Housing application processes;

- ✓ Requesting reasonable accommodations;

- ✓ Identifying resources for security deposits, moving costs, furnishings, assistive technology, environmental modifications, utilities, and other one-time costs;

- ✓ Reviewing the lease and other documents, including property rules, prior to signing; and

- ✓ Developing a monthly budget, including a rent and utility payment plan.

Housing Support Services

➢ Housing Transition Services including:

    ✓ Conducting a tenant screening and housing assessment including potential housing barriers and identification of potential housing retention challenges ;

    ✓ Housing support plan with strategies to address:

        • Identified barriers including prevention and early intervention services when housing is jeopardized; and

        • Natural supports, resources, community providers, and services to support goals and strategies.

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Housing Support Services

➤ Housing Tenancy Sustaining Services which assist the individual to maintain living in their rented or leased home including:

  ✓ Education and training on the role, rights and responsibilities of the tenant and landlord; how to be a good tenant; and lease compliance;

  ✓ Coaching to develop and maintain key relationships with landlord/property manager and neighbors;

  ✓ Assistance with housing recertification process;

  ✓ Early identification and intervention for behaviors that jeopardize tenancy; and

  ✓ Assistance with resolving disputes with landlords and/or neighbors.

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Individual and Family Directed Goods and Services

➢ Support under Self-Directed Services Delivery Model.

➢ Support family directed goods and service for children and designated representative for adults.

➢ Increased funding limitation from $2,000 to $5,000 per year

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Live -In Caregiver Supports

➢ The purpose of Live-in Caregiver Supports is to pay the additional cost of rent *and food* that can be reasonably attributed to an unrelated live in personal caregiver who is residing in the same household with an individual.

➢ Live-in Caregiver Food is limited to the USDA Monthly Food Plan Cost at the 2 person moderate plan level.

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Nursing Services

➢ Service Models
  1. Nurse Consultation
  2. Nurse Health Case Management
  3. Nurse Case Management and Delegation Services

➢ "Licensed" Provider changed to "Approved" Provider

➢ Standardized staff requirements for all three services models

➢ Clarify updates and review to the HRST for Level 3 or above

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Participant Education, Training & Advocacy Supports

➢ Training programs, workshops and conferences that help the person develop self-advocacy skills, exercise civil rights, and acquire skills needed to exercise control and responsibility over other support services.

➢ Covered expenses may include:

  ✓ Enrollment fees,

  ✓ Books and other educational materials, and

  ✓ Transportation related to participation in training courses, conferences and other similar events.

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Personal Supports

✓ The DDA has modified Home Supports proposal back to Personal Supports and the current federally approved limit will be continued.

✓ To provide more flexible service hour options, the DDA is exploring allocating services hours on a quarterly basis to support the participant and family to plan and manage their services and prevent any risk of running out within a short period of time.

✓ Personal Supports will include a variety of habilitation assistance include in home skills development and community integration and engagement skills.

✓ Personal care assistance services provided during in home skills development and community activities.

✓ Service will support both children and adult participants.

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Personal Supports

➢ Services assist individuals who live in their own or family homes in acquiring and building the skills necessary to maximize their personal independence including:

✓ In home skills development such as budgeting and money management; completing homework; maintaining a bedroom for a child or home for an adult; being a good tenant; cooking; personal care; house cleaning/chores; and laundry;

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Personal Supports

✓ Community integration and engagement skills development needed to be part of a family event or community at large.

✓ Development of skills or provide the supports making it possible for individuals and families to lead full integrated lives

- Examples include: grocery shopping; getting a haircut; using public transportation; attending school or social events; joining community organizations or clubs; any form of recreation or leisure activity; volunteering; and participating in organized worship or spiritual activities); and

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Remote Monitoring

➢ The use of this service must be designed and implemented to ensure the need for independence and privacy of the person who receives services in their own home.

➢ Engage in live two way communication with the person being monitored

➢ Direct supports are available during transition to remote monitoring

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Transportation Services

➢ Stand alone support service

➢ Transportation services are designed specifically to improve the participant's ability to access community activities within their own community in response to needs identified through the participant's person-centered plan.

➢ For participants using the traditional service delivery model, the limit increased from $1,400 to $5,000 annually.

Transportation Services

➢ Transportation supports to and from and within the following services are included as part of the service and rate:

✓ Day Habilitation,

✓ Community Development Services,

✓ Employment Services,

✓ Personal Supports

✓ Community Living – Group Home

✓ Community Living – Enhanced Supports

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Vehicle Modifications

➢ Cost of services no longer combined with Environmental Modification maximum of $17,500 for lifetime

➢ Cost of services must be customary, reasonable according to current market values, and may not exceed a total of $15,000 every ten years, unless an exception is approved by the DDA.

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Next Steps

- ➢ Updated Service Descriptions will be posted to the DDA website by October 2, 2017

- ➢ Rate Study Town Hall Meetings – end of October 2017

- ➢ Public Comment Period – November 2017

- ➢ State review of input for consideration of final revisions – December 2017

- ➢ Waiver Application Submission to CMS – January 2018

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Question